# C. G. Jung Society of Vancouver



Box 219 - 1917 West 4<sup>th</sup> Ave. Vancouver B.C. V6J 1M7 604-261-1590

January 2008



Carl Gustav Jung 1875-1961

As far as we can discern, the sole purpose of human existence is to kindle a light in the darkness of mere being.

Memories Dreams and Reflections

#### Our Purpose

To bring people together who are interested in analytical psychology.

To provide a forum for the presentation of C.G. Jung's ideas

To provide a resource centre for the ongoing development of those ideas

### Winter/Spring 2008 Happy New Year!

Welcome to our new and wonderfully diverse January through May lecture series.

The History Lab appears to be a success as a new venue. We need to work out some small issues with the sound, but the general ambience is warm and welcoming, with an abundance of hearth (we now have access to two kitchens).

We're happy to have Jungian Analyst, Catherine Ellis return in January to speak about the symbolic meaning of the exquisite red wall murals in the *Villa of Mysteries* at Pompeii, and their relationship to the Individuation Process.

February's speaker, David Scherzer, was recommended by society members who had taken his SFU Continuing Studies course *Journey of the Questing Soul*. He'll be speaking on Jung's literary influence.

Ana Mozol, who is currently teaching at Pacifica Graduate Institute in California, returns in March to present a lecture and workshop based on material from her course on *The Depth Psychology of Love*. Who isn't interested in this subject?

Please help us to breathe life back into the workshop component of our series by signing up for *The Depth Psychology of Love* workshop before February 22<sup>nd</sup>. We need a strong, positive response to this workshop to enable us to again include workshops as a viable part of our program.

Judith Bertoia returns at long last to present the moving film: Appointment with a Wise Old Dog, and speak on Archetypal Resources in Illness, Suffering, Transformation & Death.

We've added a fifth lecture later in May, on *Jung & Alchemy*, with Usha Haywood from the Sky Valley Contemplative Community on Saltspring Island.

Our AGM will be in June this year, and thanks to David Arscott's research, we'll be watching the engaging, thought-provoking film "Sex and the Sacred: Conversations with Sam Keen" after the meeting.

Last fall's well-attended lecture & workshop with James Hollis has given us the financial support to make some exciting new acquisitions for our library (see p.8), and look at the feasibility of bringing speakers from further afield in the coming years.

In March, *The Dream Healer*, an opera based on Timothy Findley's novel *Pilgrim*, with Carl Jung as the main character, will premiere at The Chan Centre, UBC. The story unfolds at the Burgholzli Clinic in Zurich, 1912. The UBC Department of Psychiatry and the UBC Institute of Mental Health will be sponsoring three academic events to coincide with the staging of the opera. The Jung Society is very pleased to have been asked by Dr. Tony Phillips, Head of the Department of Psychiatry, to participate as a co-sponsor of one of these events, a lecture presentation by a Jungian scholar. Please see p.9 for more information.

We look forward to seeing you often at our History Lab hearths over the coming months. Thank you for your ongoing support of the society.

### **About Us**

The C.G. Jung Society of Vancouver was established in 1981 as a non-profit, charitable, lay organization dedicated to providing a forum for those interested in the analytical psychology of Carl Jung.

The Society meets monthly for a lecture (and sometimes workshop) series, usually from September through May, not including December. Our AGM is usually in May, though this year, it will be in June.

Presenters include local, regional, and international Jungian analysts and scholars, as well as Jungian-oriented speakers from various disciplines.

Our membership currently numbers around 80, and there are close to 400 people on our mailing list.

The Society is managed by volunteers and a board appointed by the membership.

#### Library Services

Our library consists of approximately 2000 books & tapes, and some DVD's, videos and magazines. The library is operated and maintained by Terre & David Arscott, and is located at David's office: **106-2096 W. 41<sup>st</sup> St. 604-261-1590** 

Terre & David transport a selection from the library's collection to every lecture. All members are welcome to make an appointment to visit the library. Books may be requested by phone and picked up at the next lecture.

Borrowing privileges are exclusive to members of the society. Members are entrusted with maintaining the books in their care, and returning them on time.

Book Sales have helped to cover the cost of rental space and general maintenance of the collection.

\*see information about new library acquisitions on p. 8

**Subscribe to the CG Jung Society e-mail announcement list** in order to receive monthly information about our lecture series and program events.

Send a blank e-mail message to: CGJungSocietyVancouver-subscribe@yahoogroups.com

#### **Board of Directors**

President/Newsletter: Carol Condruk Secretary/Treasurer: Ellen Leslie

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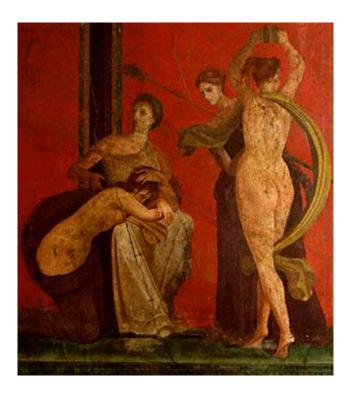
http://www.myspace.com/cgjungsocietyofvancouver

### Lecture Series 2008

All lectures will be held in *The History Lab in the Vancouver Museum*, located at 1100 Chestnut St. Vancouver B.C.

Lectures begin at 7:30 pm and last from 75 to 90 minutes. There is a 15 minute break for tea/coffee/cookies & socializing, followed by a Question & Answer session.

Tickets are **\$10** for Members & **\$15** for Non-Members



### January 18

### **Villa of Mysteries**

Site of a Dionysian Initiation Ritual

A Lecture with Catherine Ellis

The Villa of Mysteries, located in Pompeii, Italy, is thought to have been the home of a private Orphic cult. The Villa housed a series of wall murals that were believed to depict an ancient Dionysian Initiation Ritual that took place during the end of the first century BC. When the Villa was buried under ash after the explosion of Vesuvius in 79 AD, the structure and its artwork were remarkably preserved. The Villa was excavated in 1930 and scholars have since attempted to decipher the full meaning of the wall paintings.

Through a slide presentation, this lecture will explore the symbolic meaning of the wall murals and what researchers believe the murals may have disclosed about the Secret Dionysian Ritual that took place in the Villa. The Dionysian Ritual's parallels to the Process of Individuation and Analysis will also be discussed.



**Catherine Ellis, M.A., I.A.A.P.** is a Jungian Analyst who graduated from the C.G. Jung Institute, Zurich, Switzerland in 1999.

She has a private analytic practice in Victoria, B.C.

### February 15

### **The Orphic Mythos**

Jung's Literary Influence

A Lecture with David Scherzer



To think that Literature is the good books we read, or the artful movies we see, or the delightful plays that we watch is not to understand the nature of Literature. Jung recognized the universals within each particular story. It is an insight filled with profound consequences because firstly it enables us to perceive the internal dynamics of narratives. Given the centrality of stories to the human experience, this understanding allows us to gain a deeper insight into our own personal narrative – the first step in the process of individuation. The second consequence was Jungian literary scholarship's recognition that individual stories formed part of a holistic Narrative. This principle is not merely an academic concept: it addresses the implications of how Literature is affecting us today. No one disputes the spectacular efficiency of mass communication media to be carriers of fiction. If we want to maintain control over our own "private" narrative in our ongoing process of psychic maturation, it is imperative that we better understand how contemporary outer stories are trying to shape our inner tales.



**David R. Scherzer** earned his doctorate in English at Université du Montréal. The subject of his thesis was the magician figure in English narrative and dramatic literature from Mallory to the Moderns. He has taught Jungian-oriented literature courses in Canada and the U.S. Currently, he lectures at SFU in the Continuing Education Department. Several of the courses he has taught include Joseph Campbell and The Hero Figure, Perspectives on Evil, and Jungian Archetypes as Tropes on the Self's Evolutionary Journey.

March 14

### The Depth Psychology of Love

From Possession to Freedom

A Lecture with Dr. Ana Mozol

Love has contributed to the best and the worst of human behaviour and relationships throughout history.



Its importance extends beyond romantic, familial, or filial love, into love of nature, culture, ideas, images, spirit, and the globe. This evening lecture will address the complexities of the concepts of love, when approached from a depth psychological perspective (through theories of projection and projective identification, paradox, shadow material, and anima/animus development). Topics that will be discussed include the myth of romantic love, romantic love as divine madness and the tasks one must perform before being reunited with the Eros principle at a higher level of consciousness. These topics will be explored through the myth of Psyche and Eros.

The material will be taken from a course that Dr. Mozol teaches at Pacifica Graduate Institute on the depth psychology of love, tolerance and compassion.

### March 15 Workshop 10am - 4pm

The workshop will go much deeper into the mythic material and the symbolic meaning of the four tasks Psyche must perform to be reunited with her divine lover, Eros and how these tasks relate to the individuation process in men and women. Jung referred to individuation as a series of ordeals of an initiatory type that must be survived. The four tasks, sorting the seeds, collecting the ram's golden wool, collecting water from the rivers that flow into the underworld, and facing Persephone to obtain her beauty box, will be considered as stages of initiation along the journey towards psychic wholeness. The material will be explored through stories of relationship, dreams and myth.

#### Members \$75 Non-members \$90

Please register for this workshop by February 22. See registration information below.

History Lab in the Vancouver Museum





**Dr. Ana Mozol** obtained her MA in counselling psychology and her Ph.D. in clinical psychology from North America's foremost institute for the study of depth psychology, Pacifica Graduate Institute. She is trained in the fields of Jungian, Psychoanalytic and Archetypal psychology including mythological studies. She has studied with and been mentored by such distinguished elders in the field as James Hillman, Christine Downing and Marion Woodman. Dr. Mozol is adjunct faculty with Pacifica Graduate Institute where she teaches courses on dreamwork and depth psychology. She is also a professor with the Adler School of Professional Psychology. She has extensive training in Trauma and Recovery and focused her doctoral research on the connection between ancient goddess mythology, women's contemporary dreams, and sexual trauma. Dr. Mozol has a private practice in Vancouver.

To register for the workshop, please send a cheque or money order by Feb.22 /08 to:

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The more we are with soul, the less identified we are with the ego. We know our centre then to be a larger stream of life transcending ego and going beyond our death.

The soul is somehow in unison with this larger being. And as I align myself more with soul and less with ego, the soul's story becomes my story.

Albert Kreinheder Body and Soul: the Other Side of Illness

## **Archetypal Resources** in Illness, Suffering, Transformation, and Death

A lecture with Dr. Judith Bertoia

In the film portion of this talk YoYo Ma's cello introduces us to gifted conductor and author David Blum. Music was inspiration to David and his rich inner life continues to speak to us through the dream images he shares so humbly in the exceptional film *Appointment with the Wise Old Dog: Dream Images in a Time of Crisis.* This film reminds us of the power of archetypes to guide us through the challenges life inevitably offers.

Jung wrote "the unconscious is all the more interested in *how* one dies; that is, whether the attitude of consciousness is adjusted to dying or not." David's guides in this adjustment become our guides. They encourage us to reflect on the transformation we must all make.

David's story, shared through his beautiful images, narration and music, touches us in the deepest of places, that inner core where soul entwines with physical being. We are moved to consider how well our conscious reality embraces a relationship with what is larger than us, to receive guidance and sustenance from our transformative inner guides, and to attend to the whisperings of soul as we live our own destiny and face our own mortality. The radiance in David Blum's message resonates with our physical senses and sings to our soul. His grace and courage in facing, and immortalizing, his experience of encountering Death remind us that we each have the potential to live vibrantly and to die in the deepest of faith.

I am honoured to be asked by David's widow Sarah to share this film with a Vancouver audience.



**Dr. Judith Bertoia**, PhD, is a psychologist in private practice working with children, adolescents, adults and couples. She divides her time between lecturing, writing, and private practice and brings over 35 years of experience as educator, author, therapist, and consultant to her work. She has lectured both nationally and internationally in North America and Europe, has published books and articles in her field, and has been interviewed for national TV, radio, and the print media. Topics in these presentations include play and expressive therapies, Jungian theory, death and dying, the power of image and myth in our lives, and the effect of media violence on child development. One of Judith's main interests is the psyche/soma relationship. The depth psychological focus of her clinical work provides an opportunity to explore the imaginal realm of the unconscious, a realm which psyche reveals through art, dreams, sandplay, and other expressive therapies. She has written numerous articles and has published two books, *Written Paths to Healing* (with John Allan), and *Drawings from a Dying Child*.

Beginning this spring, Judith will be presenting 3 lecture/workshop series: Jungian Essentials, Reading the Image, and Power of Image and Myth for Everyday Living.

For more information, contact Judith at 604-594-2731 (jbertoia@dccnet.com)



Only after I had familiarized myself with alchemy did I realize that the unconscious is a process, and that the psyche is transformed or developed by the relationship of the ego to the contents of the unconscious. In individual cases that transformation can be read from dreams and fantasies. In collective life it has left its deposit principally in the various religious systems and their changing symbols. Through the study of these collective transformation processes and through understanding of alchemical symbolism I arrived at the central concept of my psychology: the process of individuation.

> Carl Jung Memories, Dreams, and Reflections p.209

### May 30

### Jung and Alchemy: Making Gold

#### A lecture with Usha Haywood

Deep in the tiny atom of the psyche a tremendous force lies hidden.

This force, released properly, systematically, chronologically, with utmost care and awareness, can lead to transformation, enlightenment and Self–knowledge through examination and expansion of the dynamics of physical, physiological and psychological elements. This tremendous task is mirrored in the processes of Alchemy as well as its older sister, Astrology. This process awakens in our consciousness the knowledge that comes from our own Soul in the form of intellectual intuition. We should not merely repeat: "Jung said this and this book said that!" Quoting authorities will merely serve as a refuge. If we remain satisfied with this, no progress will be possible. A lecture or readings from various sources can only be external means, which can however produce or awaken an inner enquiry. We must arduously search for ourselves, within ourselves. To cultivate this analysis within oneself is absolutely necessary. We must not be satisfied with merely quoting the recipe for making gold – we must obtain the needed ingredients, and we must be prepared to do the great work. We must become Alchemists!

**Usha Haywood** holds a degree in nursing and is a registered therapist. She holds certificates in alternative medicine, yoga and yoga therapy and is a registered massage therapist. She has worked and lived in Australia, the West Indies and Europe, and she has taught at the University of Guelph, Conestoga College, Homewood Sanatorium, and Zonta International.

Usha co-founded and directed the Centre for Health and

Stress Management in Ontario where she worked as a

therapist and workshop and seminar facilitator.

She is a resident of the Sky Valley Contemplative

Community on Saltspring Island.



### June 20 AGM 7:30 pm Free Admission HistoryLab Vancouver Museum

Please join us for our annual general meeting, followed by a presentation of the DVD:

Sex and the Sacred: Conversations with Sam Keen

'The practice of philosophy is a way of life that results from falling in love with questions---the great mythic questions that can never be given definitive answers. My work as a writer, lecturer and workshop leader has focused on exploring these questions.'

I think that sexuality is a part of our longing to join with others, to become who we are, to create. "How Do I become a loving human being? "What is it that has real meaning for me?" What is it that I really desire?"

Sam Keen is a Graduate of Harvard Divinity School, and holds a PhD in Philosophy from Princeton University.

Afterwards, join us for tea, coffee, cookies, and discussion (time-permitting)

### New Acquisitions for the Library

Laurens van der Post: Journey into the Soul of Archaic Man (3 DVD's based on talks at The Jung Center)

Robert Johnson: The Golden World ( set of audio tapes), and Slender Threads (dvd)

**Centerpoint** Courses 2 & 3, and **The Threshold**. This material from *Centerpoint* is in compact disc format (complete with transcriptions), and is an excellent introduction to, and amplification of Jung's ideas.

'Centerpoint provides a context for individuals to move toward wholeness, a process C.G.Jung called "individuation". In this type of process, things will often not seem to be rationally or logically clear. Wagner once wrote of his operas, "I believe it was sound instinct which set me on my guard against an undue enthusiasm for making things clear, for I have come to the firm conclusion that to make my intention too obvious would get in the way of a genuine understanding. In drama and art, generally the way to make an effect is not by arguing an opinion, but by putting forward something instinctive." And, we would add, as in drama and art, so in life.'

The name **Centerpoint** was taken from a statement by Dr. Esther Harding at a conference called "The Cross as Archetypal Symbol". She said that while opposites repel, they also attract each other, and...are held together by a tiny point that is the center of the crossing. She said of this point: It is the individual core in us that cannot resolve a moral problem by conventional standards. It is that weak, yet strong point in us that will not be swayed by the multitude. But in order to find this central core of Selfness, one has to undertake the arduous and dangerous responsibility of thinking for oneself.

#### Jungian Analysts in B.C.

Vancouver: Joan McGeragle MA IAAP 604.730.2540

Shirley Halliday MSN IAAP 604.879.4583

Victoria: Catherine Ellis MA IAAP 250.386.5435

John D. Betts MA IAAP 250.360.2040

250.885.9339

Nelson: Dey Stewart MSW IAAP 250.354.9308

#### Websites of Interest

The Jung Page www.cgjungpage.org

C.G. Jung Foundation of Ontario

www.cgjungontario.com

Inner City Books www.innercitybooks.net

Philemon Foundation

www.philemonfoundation.org

The Jung Center www.cgjunghouston.org

#### **Events of Interest to Members**

#### March 02-08 2008 at The Chan Centre UBC

**The Dream Healer** an opera, based on Timothy Findley's novel *Pilgrim*, is focused on Carl Jung at the Burgholzli Clinic, Zurich. Dr. Carl Jung, deputy Director, has a recurring dream of a character, Pilgrim, who has had many past lives, wants to die, and has come to Jung for treatment. Staff, patients, and Jung's wife struggle with this strange, fractured dream man who has become so real and insistent to everyone.

The UBC Department of Psychiatry and the UBC Institute of Mental Health will be sponsoring three academic events to coincide with the staging of the opera. All events are free, open to the public, and at The Chan Centre.

March 03 - Professor Wulf Rossler, the current Director of the Burgholzli Clinic in Zurich, will speak on the theme of suicide, which features prominently in the story.

March 05 - there will be a lecture by a Jungian scholar, possibly Murray Stein, but this is as yet, unconfirmed March 07 - there will be a round-table discussion with Bill Wilkerson, Co-Chair of the Global Round Table on Mental Health in the Workplace, on the subject of the stigma of living with mental illness

For more information: www.thedreamhealer.com/premiere.html

April 5 & 6 Marion Woodman & Robert Bly return for a Talk & Workshop on Aging & the Unlived Life April 7 Marion Woodman, Marlene Schiwy & Ursula Carsen are offering a Workshop on The Feminine in Present Day Western Civilization

Please see p.10 for more information about these April events.

<sup>\*</sup>material reprinted from the Centerpoint website: www.centerpointec.com

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http://www.myspace.com/ cgjungsocietyofvancouver

Please make all cheques or money orders payable to: The C.G. Jung Society of Vancouver

The C.G. Jung Society of Vancouver is a non-profit charitable Society; any donations beyond the membership fees are tax deductible and gratefully accepted. Membership in the Society is open

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#### **Changes in the Membership Year 2008**

The membership year has been changed to synchronize with the calendar year

Your 2008 membership will be valid from January to December 2008.

If you renewed in the fall of 2007, your membership year will be the same as above.

### Membership 2008

Annual Membership \$25.00

#### **Benefits of Membership include**

Reduced admission to lectures and workshops Bi-annual newsletter Access to the Society's Library

The opportunity to meet like-minded people/kindred spirits in a congenial atmosphere

| nyone interested in the work of C.G. Jung.  Society does not endorse any event listed herein; with the eption of its specified Calendar Events. Further, it accepts no esponsibility whatsoever for ficulties or damages resulting interaction with any therapist, ogram or event, including the Calendar of Events. | Address:  Phone: Email:                                       |
|--|---|
| Date:  | Cheque enclosed: would you like a receipt?                    |
| I'd like to volunteer to   | nelp with Society Activities. Please contact me to help with: |
| Newsletter Mailout   | Publicity Ticket-taking                                       |
| Membership   | Hospitality Library   |
| Book Sales   | Other   |

Name:

#### Banyen Books presents:

### Marion Woodman & Robert Bly





# Aging & the Unlived Life

Adopting the story of *King Lear*, we will examine the pain of coming to oneself so late in life. *Cordelia* could be said to represent the soul as it asks to be taken seriously. Insofar as *Lear* gradually allows *Cordelia* to take a part in his own psyche, he is able to die whole.

The play also addresses the terrible consequences of the loss of the positive feminine, so relevant to our time. It abounds with examples of the positive & negative masculine & feminine, which will add to our discussion.

The example of our presenters, as still questing elders willing to continue giving back the fruits of their lives to the culture, will serve as the creative and meaningful background for our discussions and time together.

Saturday April 5<sup>th</sup> Talk 7:30 pm at Christchurch Cathedral, Burrard & Georgia St. Vancouver \$25

Sunday April 6<sup>th</sup> **Workshop** 10 am – 5pm at the First Nation's Longhouse UBC Vancouver \*please note that workshop participants must attend the Sat. talk as it is the first session of the workshop

Friday April 4<sup>th</sup> Poetry Reading with Robert Bly 7:30pm at the Unitarian Church 49<sup>th</sup> & Oak \$18

Tickets at Banven Books 3608 W. 4th Ave. 604-737-8858

# The Feminine in Present Day Western Civilization A Workshop with Marion Woodman, Marlene Schiwy, & Ursula Carsen

This Workshop will address the questions:

- What are the attributes of the Feminine in women & men in the 21<sup>st</sup> century?
- How do we distinguish between the Creative Feminine & the Dark Feminine?
- How does the Modern Feminine relate to Masculinity?
- What does this mean for each of us and our planet today?

The workshop will include lecture and discussion, and embodiment of the Feminine through deep relaxation, movement, and poetry. Please wear comfortable clothing, and bring your journal.

Monday April 7<sup>th</sup> 9:30 am- 4:30pm at the Masonic Lodge 1495 W. 8<sup>th</sup> Ave. \$130 includes lunch & morning coffee

Registration begins February 1<sup>st</sup> please call Yvonne Young 604-926-3465 (byyoung@mac.com)